

# Inner Strength<sup>®</sup>

MASSAGE TABLES



## Portable Massage Table

## Set-up Guide

- Element
- E2
- Tech Series

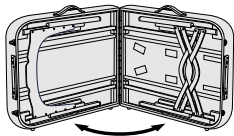
## Opening Your Table

Congratulations on your portable massage table purchase. This setup guide will assist you in each step of the setup process.



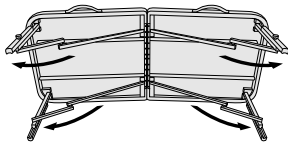
1

Prop your table upright onto the rubber feet and unlock both latches.



2

Open the table until you feel a slight resistance coming from the cables.

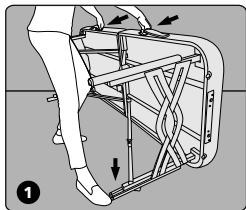


3

**Make sure that none of the cables are tangled around the legs, this will prevent the table from opening completely.**

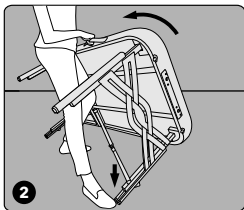
Open all four legs of the table to full extension. Straighten the table as much as possible.

## Standing The Table Up



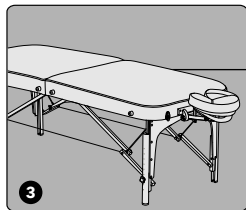
1

While the table is on its side, grab both handles, and place one foot in front of the edge of a bottom leg in order to prevent the table from sliding or folding.



2

Pull the table toward you while keeping the leg in position with your foot. Once the table is tilting upward, you can release your foot from the leg.



3

Once the table is standing, ensure that the table top is flat and the legs are fully extended.

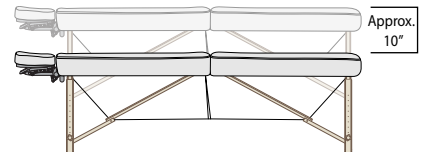
If the table wont go flat, double check underneath the table to make sure the cables are free and clear from entanglement.

**\*Inner Strength portable massage tables are designed to be flat when cables are completely taut. Due to this, you may notice a slight peak in the table top before your client rest fully on the table.**

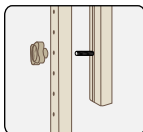
## Height Adjustment

Lean the table on its side and adjust the legs to a desirable height with the following steps. Assure all the legs are adjusted to the same level. When one side is adjusted, flip the table over and conduct the same steps on the remaining legs.

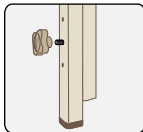
The height on your massage table can be adjusted by approximately 10" in additional height, depending on which model of table you purchased.



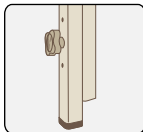
**1** Loosen the rubber knob by turning it counter clockwise, and separate it from the leg and frame.



**2** Place the leg at the new desired height location and back over the metal thread.



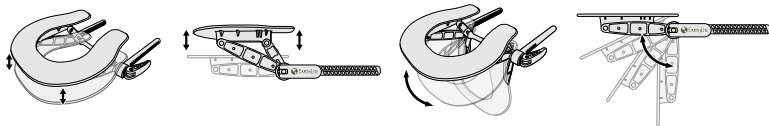
**3** Return the rubber knob and tighten onto the metal thread.



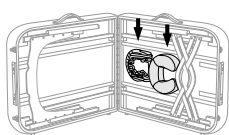
## FacePillows & Platforms

The following steps will guide you through mounting the Deluxe Adjustable platform to your table .

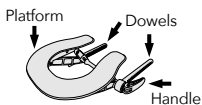
Deluxe Adjustable™ Platform - Range of Motion



**1** Remove the platform and FacePillow from the velcro strips under the table bed.



**2** Release the handle and extend the dowels outward. Lock the handle after the platform is set to the desired level.



**3** Insert the dowels into the wooden table outlet, and place the headrest cushion onto the platform.



### Portable Tables, Chairs & Headrests

Inner Strength tables and chairs have five (5) year limited warranty (3 years on foam, upholstery, and platform), excluding the Tech Table series. Tech series tables have a one (1) year warranty. Foam, upholstery, and platforms are warranted for three (3) years from the original date of purchase, Tech series tables are warranted for one (1) year. Accessories have 1 year warranty. This warranty does not cover damage caused by misuse, accidents or neglect, which includes tears in the upholstery and damage caused by improper cleaning. Warranty claims must provide proof of original purchase to obtain a Return Material Authorization (RMA). This warranty is limited to product repair or replacement at Inner Strength's sole discretion. The customer is responsible for shipping the product(s) back to the factory for any warranty claim. We will return the warranted product, shipping prepaid, to customers in the continental U.S. only. International customers as well as domestic customers outside of the continental U.S. are responsible for all shipping charges (inbound and outbound), as well as any applicable duties and taxes.

## Care & Maintenance

### Upholstery Care

Keep your table out of extreme cold or heat as this may damage the upholstery. Do not store table in a vehicle, as that could expose it to intense temperature variations. For best results, transport and store table in a carry case to protect and preserve the upholstery.

### Cleaning & Disinfecting

Remove day-to-day dirt and smudges with mild soap and warm water solution. For tough stains and to disinfect, use a (100 to 1) water to bleach solution. Spray a damp cloth with the solution to clean. After each cleaning, gently wipe the upholstery with a damp cloth and clean water, then allow upholstery to air dry before using or storing.

For more difficult stains, please contact your dealer or call us directly for guidance. Do NOT use Armor All® or citrus-based cleansers. For best results, use only the products suggested above. Alternative cleansing methods may cause serious damage to your table. Such damage would not be covered under our warranty program.



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Hours of operation:  
Monday - Friday  
8:00 a.m. to 5 p.m. PST  
Saturday - Sunday  
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